

## Protocol: Staff is symptomatic at school

1. Staff are encouraged not to come to school if they are not feeling well or experiencing any symptoms of COVID-19.

2. If a staff member suspects any symptoms of illness during the day, they should follow the school's protocols for getting another adult to cover their class mid-day, if needed, **and** see the school nurse to be evaluated for symptoms.

a. IF **NO SYMPTOMS** of communicable illness or Covid-19: The staff member should follow the school's standard protocols for being excused due to illness, even if not considered to be communicable.

b. For **ANY SYMPTOM** of illness or Covid-19:

i. Current Massachusetts DPH guidance is that all Covid-19 symptomatic individuals in Massachusetts, even those with mild symptoms, should be tested.

ii. Staff members who are sent home or leave from school sick are strongly encouraged to consult with their personal care physician. Staff must follow "Protocol for Sick at HOME," providing the school nurse with treatment plan to test, provide medical clearance note to return to work or remain out for 10 days from onset of symptoms.

**Reminder:** Students and staff returning from illness, **MUST** report to the School Health Office Nurse before returning to the classroom; for evaluation and/or symptom management, an if required submission of medical or clearance documentation.

### Full list of symptoms to monitor for:

- Fever, chills, or shaking chills
- Cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache, *when in combination with other symptoms*
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue, *when in combination with other symptoms*
- Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*